

Cosmic Background Radiation

This isotropic background radiation, which is a perfect black body, has current temperature $T_0 = 2.728 \pm .004\text{K}$

Discovered by Penzias and Wilson in 1965 its discovery is comparable in importance to Hubble's earlier finding that the Universe is expanding.

Why is CMB so important? Because CMB provides us with unmistakable messages:

(A) Universe in remote past different than current Universe

- (i) Past Universe was both hotter and denser than current Universe
- (ii) Universe ~~was~~ much smoother, or less lumpy, than current Universe
- (iii) Past singularity or "moment" of creation?

Reasoning: Perfect BB spectrum suggests photons relaxed to thermodynamic equilibrium via interactions with matter.

- Present Universe - this could not happen today ($z=0$) ~~yesterday~~ or even back to $z \approx 10$, because at these "recent" epochs Universe is optically thin to mm radiation (BB peak λ)

Evidence? -

we can detect discrete high-z

sources at submm and mm wavelengths (quasars, Scuba sources, etc.) implies such photons propagate freely without interaction between high z and $z=0$ i.e., across distances $c/H_0 \approx 3000/\Omega \text{ mpc}$, i.e., close to horizon scales.

- Only modification is cosmic expansion, which as we shall see causes T to decrease with time.
- Signature: BB radiation signifies a hot, dense, past Universe

(B) CMB is remarkably isotropic

Lg. scales

Dipole : Principal angular variation is due to the fact that we are not a FO. As a result we have a peculiar velocity with respect to the local FO. This generates a $\cos\theta$ variation with amplitude $ST/T \sim 10^{-3}$: For S see perfect isotropy.
 $ST/T \equiv (T(\theta) - T)/2T$.

Small scales

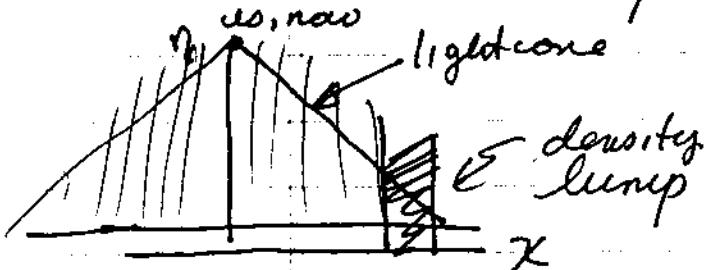
Cosmological
velocity
induced

: On smaller angular scales there are angular variations generated by gravitational effects that density inhomogeneities have on light-like geodesics. Departures from FRW metric causes $ST/T \sim 10^{-5}$. These give precise information about cosmological parameters.

SW effect

: Principal cause is called Sachs-Wolfe effect: variations in grav. potential

generated by inhomogeneities in mass distribution, i.e., density perturbation superposed on smooth FRW spacetime; i.e., specifically additional gravitational redshifts cause net dips in radiation temperature. Because $\delta T/T \approx 10^{-5}$



in relevant scales, we shall see that the implication is that matter on such

scales described by $\delta \rho/\rho \approx 10^{-5}$. Universe very smooth back then even though to day it is quite lumpy. superhorizon scales relevant
 - On smaller scales; i.e., compression and rarefaction "sound" waves cause peaks & troughs in density distribution, which ultimately lead to further variations in $T(\mathbf{Q})$. These are readily interpreted and by making use of the angular power spectrum (~~decomp~~ decomposing $\delta T/T$ into sums of spherical harmonics), measuring ~~amplitudes~~ amplitudes of higher l .
 values of Y_l^m we obtain cosmological information.

- (C) History: CMB predicted by George Gamow and his colleagues (Alpher & Herman). Remarkable that in common with Hubble expansion, the existence of

CMB, more specifically a hot big bang Universe, was predicted before its discovery, and even more remarkable in both cases by isolated Russian physicists.

④ Significance

(i) Steady-State Universe: Before 1965 there were 2 competing cosmological models: Big-bang and Steady State - Unique prediction of steady state: Universe has no beginning and no end. There is no hot dense phase in the past that is required to thermalize radiation. Detection of CMB caused all, but a few, astrophysicists to abandon Steady State. However, when we discuss inflation we will see that modern version of big bang incorporates a central idea of the steady state, namely a vacuum energy density with negative pressure resulting in $\dot{a} > 0$.



(2) Light-Element Synthesis:

Thermal history implies that Universe expanded and cooled through epoch in which:

- $kT \sim \text{few MeV}$ and $n > 10^8 \text{ cm}^{-3}$
- copious free neutrons

straightforward calculations that we will do show

- 90% of all baryons wind up as H^1 (75% by mass)
- 10% of all baryons " " as $^{3.4}\text{He}$ (25% by mass)

We shall see: there is a fundamental connection between $^{3.4}\text{He}^4$, H^2 abundance and CMB temperature. D

E Idea: (1) Brief summary of Big Bang Scenario

Far back in time, $z \gg 10^3$, long before galaxies, quasars, etc. formed, Universe closely resembled idealized FRW models. Then Universe consisted of smooth distribution of -

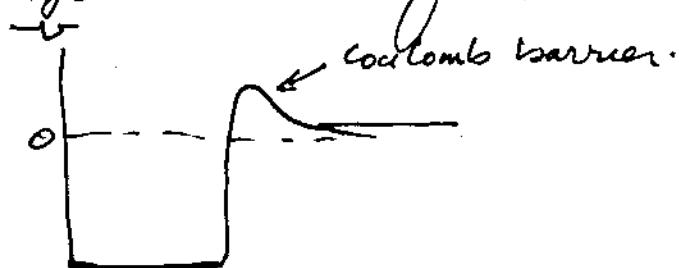
(a) matter (b) radiation

Because interaction time-scale (i.e., relaxation time) between baryonic matter and radiation was shorter than the then current age of the Universe, at a given redshift ($z \neq 1$), radiation came into thermodynamic equilibrium with matter: stated differently, distributions lost memory of initial conditions (?), and in that case:

all distribution function relaxed to their equilibrium form:

(iii) Hot Big Bang

Gamow assumed T to be initially high. Reasoning - High temperature required for charged baryons to undergo quantum tunneling through Coulomb barriers and then undergo nuclear fusion.



Of course to day we know this is how fusion of ^3He elements occurs in hot stellar interiors. But in the 1940's little was known about physical conditions at the centers of stars. ~~With~~ For these reasons "Fireball" scenario as a site for fusion $\text{He}, \text{C}, \text{O}, \dots$ seemed like a plausible way to make all the heavy elements: In fact Big bang makes no element heavier than ^{56}Fe .

(iii) Cold Big Bang

Keep in mind there is no a priori reason why initial T had to be high. Indeed Zeldovich and several other eminent theorists argued for a "cold" big bang,

(iv) Entropy

High initial $T \Rightarrow$ large entropy associated with radiation field. We

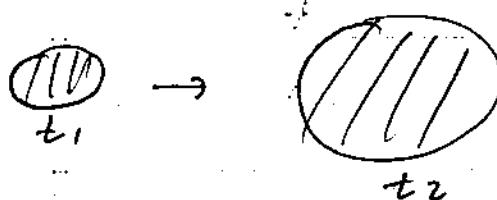
shall see that as the Universe expands the entropy per baryon is conserved. If treated as a free parameter it is fixed by the He/H ratio. But there are models to explain its origin.

Temperature Evolution

assume, as I will later prove, that entropy of radiation per unit comoving volume = const.

1st Law of Thermodynamics

Consider an expanding sphere of radiation and matter



1st Law of Thermodynamics

V = internal energy
 S = entropy
 P = pressure
 V = volume

$$\frac{dV}{dt} = T \frac{dS}{dt} - P \frac{dV}{dt}$$

Since $S = \text{const}$, expansion is adiabatic
 $\frac{dV}{dt} = -P \frac{dV}{dt}$

Stability of Pressure

Photons: $P_g = \frac{1}{3} g_B T^4$ $g_B = 7.93 \times 10^{-15} \text{ erg cm}^{-3} \text{ K}^{-4}$

Gas: $P_g = \frac{R}{c_v T}$ $R = \frac{2}{3} \times 1.6 \times 10^{25}$

In thermodynamic equilibrium, the entropy and number of baryons in a comoving volume are conserved. Thus the entropy per baryon is conserved.

Let $s = k_B \sigma$ be entropy per baryon!

$$1^{\text{st}} \text{ Law: } T ds = d(\epsilon/n_B) + P d\left(\frac{1}{n_B}\right)$$

Here: $n_B = \# \text{ baryons} / \text{cm}^3 \Rightarrow 1/n_B = \text{Vol per baryon}$

$\epsilon = \frac{U}{V} = \text{internal energy density}$

In that case:

$$\epsilon = a_B T^4 + \frac{3}{2} n_B V k_B T \quad (V = \# \text{ non-rel particles}/\text{baryon})$$

$$P = \frac{1}{3} a_B T^4 + n_B V k_B T$$

Therefore:

$$T ds = d \left[\frac{a_B T^4 + \frac{3}{2} n_B V k_B T}{n_B} \right] + \left(\frac{1}{3} a_B T^4 + n_B V k_B T \right) \left(-\frac{dn_B}{n_B^2} \right)$$

$$T ds = d \left(\frac{a_B T^4}{n_B} \right) + d \left(\frac{3}{2} V k_B T \right) - \left(\frac{1}{3} a_B T^4 \right) \frac{dn_B}{n_B^2} - V k_B T \frac{dn_B}{n_B}$$

Collect terms -

$$T ds = a_B \left[\frac{4T^3 dT}{n_B} - \frac{T^4 dn_B}{n_B^2} - \frac{1}{3} T^4 \frac{dn_B}{n_B^2} \right]$$

$$+ V k_B \left(\frac{3}{2} dT - T \frac{dn_B}{n_B} \right)$$

$$ds = a_B \left(\frac{4T^2 dT}{n_B} - \frac{4}{3} T^3 \frac{dn_B}{n_B^2} \right) + V k_B \left(\frac{3}{2} \frac{dT}{T} - \frac{dn_B}{n_B} \right)$$

$$ds = d \left[\frac{4}{3} \frac{a_B T^3}{n_B} \right] + N k_B \left[d \ln \left(\frac{T^{3/2}}{n_B c} \right) \right]$$

$$\sigma = \frac{4}{3} \frac{a_B T^3}{n_B} + N k_B \ln \left(\frac{T^{3/2}}{n_B c} \right) \quad : c = \text{int. const.}$$

~~Dimensionless entropy~~

$$\sigma = \frac{4}{3} \frac{a_B T^3}{k_B n_B} + N \ln \left(\frac{T^{3/2}}{n_B \cdot c} \right) \quad (2)$$

Formulae: $I_\nu = \frac{2 \pi \nu^3 / c^2}{e^{\frac{h\nu}{kT}} - 1}$: intensity per bandwidth

$$U_\nu = \frac{4\pi I_\nu}{c} = \frac{8\pi k \nu^3 / c^3}{e^{\frac{h\nu}{kT}} - 1} \quad : \text{energy density per bandwidth}$$

$$n_\nu = \frac{U_\nu}{h\nu} = \frac{8\pi \nu^2 / c^2}{e^{\frac{h\nu}{kT}} - 1} \quad : \text{number density per bandwidth}$$

$$\gamma_{\text{tot}} = \int_0^\infty n_\nu d\nu = \frac{0.37 \times a_B T^3}{k_B} \approx 410 \text{ photons cm}^{-3}$$

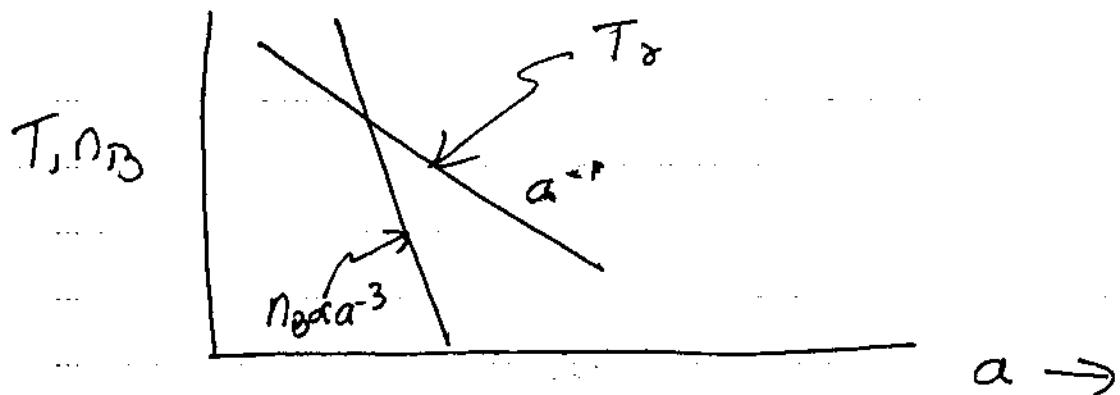
$$N_B(t_0) = \Omega_B P_{\text{out}} = 1.1 \times 10^{-5} \underbrace{\Omega_B t_0^2}_{0.02} \approx 2 \times 10^{-7}$$

~~1st term~~ term of order $\approx \frac{1.3 \times 10^8}{h^2 S_B}$ swamps 2nd term

$\therefore \cancel{\sigma} = \frac{4}{3} \frac{a_B T^3}{k_B n_B} = \text{entropy per baryon!}$

$$\text{Since } n_B \propto a^{-3} \Rightarrow a^3 T_B^3 = \text{const}$$

or $T \propto \frac{1}{a}$



~~Mass~~

Comparison of energy density of relativistic particles (mainly photons and neutrinos) and non-relativistic matter

$$\text{Today: } \rho_m = \Omega_m \rho_{\text{crit}} \quad \text{Matter}$$

$$\rho_r = a_B T_B^4(0) = 4.6 \times 10^{-34} \text{ g cm}^{-3} \quad \text{Radiation}$$

$$\therefore \Omega_r = \frac{\rho_r}{\rho_{\text{crit}}} = 2.47 \times 10^{-5} h^{-2}$$

If we include 3 neutrino families (e^- , ν_μ , ν_τ)

$$\rho_R(0) = \left[1 + 3 \left(\frac{7}{8}\right) \left(\frac{4}{11}\right)^{4/3} \right] \rho_r(0) = 1.8 \times 10^{-34}$$

$$\Rightarrow \Omega_R = \frac{\rho_R(0)}{\rho_{\text{crit}}} = 4.15 \times 10^{-5} h^{-2}$$

$$\text{So Today } \frac{\rho_R^{(t)}}{\rho_m^{(t)}} = \frac{\Omega_R}{\Omega_m} = \frac{4.15 \times 10^{-5} h^2}{\Omega_m} < 1$$

But $\rho_m \propto a^{-3}$ and $\rho_R \propto T^4 \propto a^{-4}$

$$\therefore \rho_R/\rho_m \propto \frac{a^{-4}}{a^{-3}} \propto a^{-1}$$

Back in time $\rho_R = \rho_m$: epoch of matter and radiation equality.

$$\therefore \frac{(\rho_R/\rho_m)_a}{(\rho_R/\rho_m)_{a_0}} = \left(\frac{a_0}{a}\right)$$

$$\Rightarrow 1+z_{eq} = 1/(\rho_R/\rho_m)_{a_0} = \frac{\Omega_m}{4.15 \times 10^{-5} h^2}$$

$$\text{or } 1+z_{eq} = \frac{2.41 \times 10^4 h^2}{\Omega_m} = \frac{2.41 \times 10^4 (1.7)^2}{.3}$$

$$1+z_{eq} \approx 3.9 \times 10^4$$

This is an important epoch since, growth of clustering (i.e., density) of non-relativistic matter is suppressed when $\rho_R > \rho_m$!

Recap: Evolution of Hot Big Bang Universe

(1) 1st Law of thermodynamics:

$$T_R(a) \propto a^{-1} \quad \text{for radiation}$$

(2) Since matter strongly coupled to radiation (e⁻ scattering)
 $T_M(a) = T_R(a)$

Matter relaxes to radiation temperature because
 radiation has higher heat capacity

$$C_M = \left(\frac{\partial G_M}{\partial T} \right)_V = \frac{2}{3} \left(\frac{3}{2} n_B k_B T \right) = \frac{3}{2} n_B k_B$$

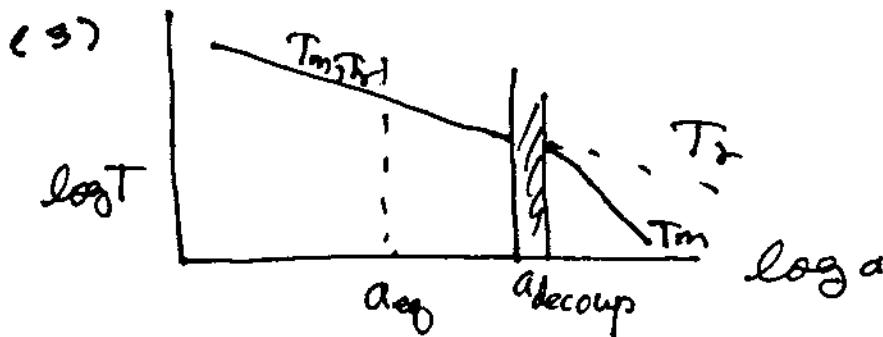
$$C_R = \left(\frac{\partial G_R}{\partial T} \right)_V = \frac{2}{3} \left(n_B T^4 \right) = 4 n_B T^3$$

$$\frac{C_M}{C_R} = \frac{\frac{3}{2} n_B k_B}{4 n_B T^3} \approx \frac{1}{2} \sigma^{-1}; \quad \sigma = \text{entropy/baryon}$$

$$\approx 10^{-10}$$

In TE, radiation maintains BB spectrum despite
 heat flow to matter:

$$dQ = C_R dT \Rightarrow dT = \frac{dQ}{C_R} \ll 1 \quad (\text{since } C_R \text{ is large})$$



(4) Matter Temperature: $a > a_{decoupling}$ normal.

Recall peculiar motions of particles w.r.t

FO

$$v(t) \propto \frac{1}{a(t)}$$

i) Prior to decoupling : e^- , H^+ , H^0 described by Maxwellian velocity distribution

$$dN(v, t) = d^3x d^3v n \cdot \exp\left[-\frac{mv^2}{2kT}\right]$$

As universe expands:

$$d^3x d^3v \propto a^3 \propto a^{-3} = \text{const.}$$

Collision rates so high that $t_{\text{relax}} \ll H^{-1}$. So species maintain Maxwellian (equilibrium) form.

(ii) As a result: $t_1 \rightarrow t_2$

$$\exp\left[-\frac{mv^2(t_2)}{2kT(t_2)}\right] = \exp\left[-\frac{mv^2(t_1)}{2kT(t_1)}\right]$$

$$\text{But } \frac{v^2(t_2)}{T(t_2)} = \left(\frac{a(t_1)}{a(t_2)}\right)^2 \frac{v^2(t_1)}{T(t_1)} = \frac{v^2(t_1)}{T(t_1)}$$

Implication

$$T(t_2) = \left(\frac{a(t_1)}{a(t_2)}\right)^2 T(t_1)$$

In other words

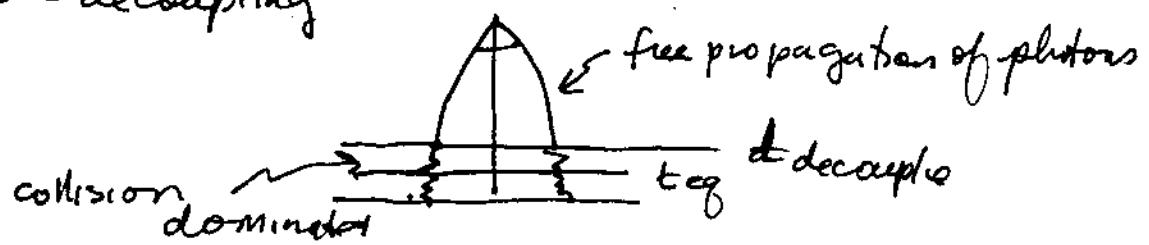
$$T(a) \propto \frac{1}{a^2}$$

not surprising
 $T \propto \langle v^2 \rangle$

(iii) After decoupling, non-relativistic matter temperature of non-interacting baryons falls off more rapidly than radiation temperature.

(iv) Radiation Temperature

What happens to radiation temperature after decoupling? Since radiation propagates freely, we cannot use 1st law of thermodynamics argument, ^{which is only} valid when $t < t_{\text{decoupling}}$, at $t > t_{\text{decoupling}}$



Since $R\nu, f\nu = 0$ for CMB radiation we can use transfer equation:

$$(1+z)^3 \frac{d}{dt} \left[\frac{I_\nu}{(1+z)^3} \right] = 0$$

Integrate from t_{decouple} to t_0 .

$$z=2d \rightarrow z=0$$

Solution: $\boxed{I_{\nu_0}(z_0, t_0) = \frac{I_\nu [c(1+z)d z_0, t_d]}{(1+z)^3}} \quad (1)$

Initial BB: $I_\nu(\nu, t_d) = \frac{2h\nu^3}{c^2} \left[e^{\frac{h\nu}{kT_d}} - 1 \right]^{-1}$

Since $\nu = (1+z_d)\nu_0$

$$I_\nu [c(1+z)d z_0, t_d] = \frac{2h(c(1+z_d))^3 \nu_0^3}{c^2} \left[e^{\frac{h(c(1+z_d))\nu_0}{kT_d}} - 1 \right]^{-1}$$

Using eq. (1) we find:

$$I_{\nu_0}(z_0, t_0) = \frac{2(c(1+z_d))^3 \nu_0^3 / c^2}{(1+z_d)^3} \left[e^{\frac{-h(c(1+z_d))\nu_0}{kT_d}} - 1 \right]^{-1}$$

So observed intensity at t_0 :

$$I_{\nu_0}(z_0, t_0) = \frac{2h\nu_0^3}{c^2} \left[\exp\left(\frac{-h\nu_0}{k(T_d/(1+z_d))}\right) - 1 \right]^{-1}$$

Thus $T_0 = \frac{T_d}{1+z_d} \Rightarrow \boxed{\text{observed}}^{T(z)} = \frac{T_d}{1+z} = \text{out}$

or $T(z) \propto (1+z) \propto \frac{1}{a}$

So temperature decreases as Universe expands like $1/a$, but for completely different reasons than for epochs when $t \ll t_{\text{decouple}}$

Rough outline of Gamow (1942, 1946) argument

Key insight of Gamow was that abundance of $^2\text{He}^4$ ($^2\text{H}_4$) and $^1\text{H}^2$, $^3\text{Li}^6$ result from non-equilibrium process:

Picture:

$$\textcircled{1} \quad T \gtrsim 3 \times 10^{10} \text{ (since } T(z) = (1+z_0)T_0 \Rightarrow z \gtrsim 10^{10})$$

- Characteristic photon energy $\hbar_{\text{B}} T \approx 3 \text{ MeV}$.

T high enough to photo-dissociate complex nuclec: Universe dominated by ~~neutrinos~~

- e^- , e^+ , ν , $\bar{\nu}$

at these temperatures, e^- , e^+ and ν , $\bar{\nu}$ pairs are present and couple n to p via



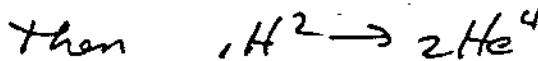
~~Reaction~~ rate high enough to maintain n, p equilibrium.

$$n/p = \exp[-(m_n - m_p)c^2/\hbar_{\text{B}} T]$$

$$\textcircled{2} \quad , H^2 \text{ production}$$

at $T \approx 10^{10} \text{ K}$ no residual H^2 due to photodissociation.

But at $T \approx 10^9 \text{ K}$, T too low for photodissociation and H^2 accumulates



$$\textcircled{3} \quad ^2\text{He}^4 \text{ production : Gamow insight}$$

$$T \approx 10^9 \text{ K}$$

- | | |
|-------|--|
| H^- | (i) $H^- \ll$ reaction: no H^2 and $^2\text{He}^4$ production: too much, |
| | (ii) $H^- \gg$ reaction: no H^- left. Everything becomes ^2He |

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Thus Gamow concluded that at $T \approx 10^9 K$

$$t_{\text{reaction}} \approx H^{-1} \Rightarrow$$

$$\frac{1}{n \lambda \sigma v s} \sim H^{-1}$$

(4) Connection between t and $T(t)$

$$\text{Friedmann eq. } H^2(t) = \frac{8\pi G \rho(t)}{3} \quad \left. \begin{array}{l} \{\text{curvature}\} \\ \{\text{irrelevant}\} \end{array} \right\}$$

$$\text{at } t < t_{eq}: \rho(t) = \frac{c_0}{c^2} = \frac{a_B T^4}{c^2}$$

$$\text{Therefore: } \left(\frac{\dot{a}}{a}\right)^2 = \frac{8\pi G}{3} \left(\frac{a_B T^4}{c^2}\right)$$

$$\left(\frac{\dot{a}}{a}\right) = \left(\frac{8\pi G a_B}{3 c^2}\right)^{1/2} T^2$$

But during these epochs $T \propto 1/a$
or $a(t)T(t) = \text{const.}$

Let's normalize to t_0 : time at which $T=10^9 K$

$$\text{thus } \left(\frac{\dot{a}}{a}\right) = \left(\frac{8\pi G a_B}{3 c^2}\right)^{1/2} \frac{a^2(t_0) T^4(t_0)}{a^2(t)}$$

$$a \dot{a} = \left(\frac{8\pi G a_B}{3 c^2}\right)^{1/2} [a(t_0) T(t_0)]^2$$

$$\int_0^{a(t_0)} da = \left[\frac{8\pi G a_B}{3 c^2}\right]^{1/2} [a(t_0) T(t_0)]^2 t_0$$

$$\frac{a^2(t_0)}{2} = \left[\frac{8\pi G a_B}{3 c^2}\right]^{1/2} a^2(t_0) T^2(t_0) t_0$$

Consequently:

$$t_0 = \left[\frac{3 c^2}{32\pi G a_B}\right]^{1/2} \times \frac{1}{T^2(t_0)}$$

Put in the numbers:

$$t_9 = \left[\frac{3 \times (2 \times 10^{10})^2}{32 \times 3.14 \times 6.7 \times 10^{-8} \times 7.6 \times 10^{15}} \right]^{\frac{1}{2}} \times \frac{1}{(10^9)^2}$$

$t_9 = 230 \text{ s} (\approx 3.8 \text{ minutes})$

⑤ Compute Densities

Gamow condition: $n(t_9) = \frac{1}{2\pi v t_9}$
at $T \approx 10^9 \text{ K}$

- $v_{\text{thermal}} \approx 5 \times 10^8 \text{ cm/s} (\text{p}, \text{n})$

- $\sigma \approx 10^{-29} \text{ cm}^2$

$$\Rightarrow n(t_9) \approx \frac{1}{10^{-29} \times 5 \times 10^8 \times 230} \approx 10^{18} \text{ cm}^{-3}$$

$n(t_9) \approx 10^{18} \text{ cm}^{-3}$

⑥ Gamow prediction of present temperature

$$\frac{T^3}{n} = \text{const.} \quad (\text{holds from } t \propto t_9 \rightarrow t_0)$$

$$\frac{T^3(t_0)}{n(t_0)} = \frac{T^3(t_9)}{n(t_9)} \Rightarrow T_0 = T_9 \left(\frac{n_0}{n_9} \right)^{1/3}$$

Recall': $n_0 = \frac{\rho_c \Omega_B}{m_{\text{eff}}} \approx 4 \times 10^{-7}$

$$\Rightarrow T_0 \approx 10^9 \left(\frac{4 \times 10^{-7}}{10^{18}} \right)^{1/3} \approx 7 \text{ K}$$

not bad!

More Comprehensive look at thermal history

Two crucial effects

As we go back in, $T(t)$ increases. Physics is ultimately determined by 2 effects. T



(1) Competition between time-scales:

$$\text{Reaction time: } t_{\text{react}} = \frac{1}{n \Delta \nu}$$

when $t_{\text{react}} < t$: species relax to TE

$t_{\text{react}} > t$: "freeze-out" occurs

(2) Rest-mass energies

① when $E_T > m_i c^2$: significant pair creation of species with mass m_i can occur. Detailed balance between creation and annihilation keeps particle/anti-particle pairs in equilibrium

② when $E_T \ll m_i c^2$: processes cease

Temperature Regimes

③ asymmetry between $\frac{n - \bar{n}}{\bar{n}(n + \bar{n})} = \epsilon$

(1) Planck Epoch: Time at which quantum corrections to GR render GR invalid.

Specifically: Time when horizon shrinks such that its physical size = Compton wavelength of mass within the horizon.

(2) Schwarzschild radius of $M(R_+)$:

$$M(R_H) = \rho \times 4\pi R_H^3 / 3 = \left(\frac{3H^2}{8\pi G} \right) (4\pi/3) R_H^3 = H^2 R_H^3 / 2G$$

$$R_{\text{Schwartzschild}} = \frac{2GM(R_H)}{c^2} = \frac{H^2 R_H^3}{c^2}$$

But since $R_H \approx \frac{c}{H} \Rightarrow R_{\text{Schwartzschild}} \approx R_H$

(b) Compton Wavelength : Planck Mass.

Epoch at which } $R_H \approx \frac{GM_{\text{Planck}}}{c^2} \approx \frac{\hbar}{m_{\text{Planck}} c} \Rightarrow M_{\text{Planck}} = \sqrt{\frac{4\pi c}{G}}$

$$GM \approx QM$$

<u>Planck Quantity</u>	<u>Numerical</u>
Planck Mass: M_P	$\sim 10^{-5} \text{ g}$

Planck Radius $R_P \approx \frac{GM_P}{c^2} (= R_H)$	$\sim 4 \times 10^{-33} \text{ cm}$
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Planck Time R_P/c	$\sim 10^{-45} \text{ s}$
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Planck Energy $\sim M_P c^2$	$6 \times 10^{16} \text{ erg} \sim 10^{22} \text{ MeV}$
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Planck Temperature $\frac{M_P c^2}{k_B}$	$\sim 10^{32} \text{ K}$
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Major Regimes

(A) $10^{26} \text{ K} < T < 10^{32} \text{ K}$

Universe was a relativistic plasma consisting of quarks, leptons, massless bosons (no photons)

(B) S_SB: Spontaneous Symmetry breaking: $T < T_{\text{GUT}} = 10^{26}$

Expansion cools temperature to $T < T_{GUTS}$. where Universe undergoes a number of SSB phase transitions.

$T > T_{GUTS}$: Strong, weak, electromagnetic interactions are unified

$T < T_{GUTS}$: Massless particles acquire mass and interactions no longer unified.

Summary of Subsequent Epochs

(A) $T > 10^{12} K$ ($\Delta T > 100 \text{ MeV}$)

Hadron era - wide range of particles in TE. At these times, photons are a minor constituent.

Universe dominated by

hadrons/ anti-hadron pairs

mesons anti-meson pairs

Leptons anti-lepton pairs

(B) $T = 10^{12} K$ ($\Delta T = 100 \text{ MeV}$)

Hadrons annihilate $\Rightarrow \cancel{\mu^+}, \cancel{\mu^-}, \tau, e^+e^-$, $\nu, \bar{\nu}$ all in TE

(C) $T < 10^{12} K$

μ^+, μ^- pairs annihilate, leading to $\nu, \bar{\nu}$ decoupling. Only e^+, e^- , τ and some nucleons are in TE

(D) $T < 10^9 K$

e^+, e^- pairs annihilate leading to $\gamma, \nu, \bar{\nu}$ as dominant species. In this epoch $(n/p) = 0.2$

(E) $T \sim 10^9 K$

n, p reactions lead to $\rightarrow He^4$ production.
Ionized gas of $1H^1, H^3, 2He^4, 2He^3, 3Li$.

(F) $4 \times 10^3 < T < 10^9 K$

Gas and radiation locked in same T . But at some T , ~~$e^- + H^+ \rightarrow e^+ + \gamma$~~ recombinations occur at $T \sim 4000 K$. We saw that in this T range, matter dominated era begins.

Details :

First we need $t = t(T)$.

Recall: analysis of Friedmann eq. at early times gave us:

$$\ddot{a} = \left(\frac{8\pi G a_0}{c^2} \right)^{1/2} [a(t_0)T(t_0)]^2$$

But since $a(t)T(t) = a_0 T_0$, let

$$\ddot{a} = \left(\frac{8\pi G a_0}{c^2} \right)^{1/2} (a_0 T_0)^2$$

Integrate

$$\frac{a^2}{2} = \left(\frac{8\pi G a_0}{c^2} \right)^{1/2} (a_0 T_0)^2 t$$

$$\text{or } t = \left(\frac{c^2}{32\pi G a_0} \right)^{1/2} \left(\frac{a(t)}{a_0 T_0} \right)^2 = \left(\frac{c^2}{32\pi G a_0} \right)^{1/2} \frac{1}{T^2}$$

$$t = 1 \times 10^{20} / T^2 \text{ sec} \quad (\text{a little wrong since other rel. spec. will blowout})$$

Implications of entropy conservation:

From $T dS = d(\rho V) + PdV \quad (1)$

$$TdS(v, T) = Vdp + \rho dV + PdV$$

$$ds = \frac{V}{T} \frac{dp}{dT} dT + \frac{1}{T} (\rho + P) dV \quad (2)$$

where $\rho = \sum_{i=1}^{N_{\text{species}}} E n_i(p, T) dp \quad (3)$

$$P = \sum_{i=1}^{N_{\text{species}}} \frac{c_i p^2}{3E} n_i(p, T) dp \quad (4)$$

From the entropy equation we have:

$$\frac{\partial S}{\partial V} = \frac{1}{T} (\rho + P); \quad \frac{\partial S}{\partial T} = \frac{V}{T} \frac{dp}{dT}$$

Since $\frac{\partial^2 S}{\partial T \partial V} = \frac{\partial^2 S}{\partial V \partial T}$ we have

$$\frac{\partial}{\partial T} \left[\frac{1}{T} (\rho + P) \right] = \frac{2}{\partial V} \left(\frac{V}{T} \frac{dp}{dT} \right)$$

$$-\frac{1}{T^2} (\rho + P) + \frac{1}{T} \left(\cancel{\frac{dp}{dT}} + \cancel{\frac{dp}{dT}} \right) = \frac{1}{T} \cancel{\frac{dp}{dT}}$$

on $\boxed{\frac{dp}{dT} = \frac{1}{T} (\rho + P)} \quad (5)$

Get expression for s' :

Rewrite (3): $TdS = d[(P+P')V] - VdP$

subst. in (3)

$$dS = \frac{1}{T} d[(P+P')V] - V \left[\frac{1}{T} (P+P')dT \right]$$

$$= d \left[\frac{(P+P')V}{T} \right] = d(sV)$$

$$\Rightarrow \boxed{s = \frac{P+P'}{T}} \quad \textcircled{4} \textcircled{5}$$

Relativistic Matter:

At $\beta T \gg m_ec^2$ species will be relativistic.

Since $E = \sqrt{p^2c^2 + m^2c^4}$, in this limit $E \approx pc$

From eqs. (3a) and (3b) we have

$$P = \int p c n(\beta T) dp ; P' = \frac{1}{3} \int p c n(\beta T) dp$$

$$\Rightarrow P' = \frac{1}{3} P$$

Therefore from eq. (4): $\frac{dP}{dT} = \frac{1}{T} (P+P') \Rightarrow$

$$\frac{1}{3} \frac{dp}{dT} = \frac{1}{T} \cdot \frac{4}{3} P \Rightarrow \frac{dp}{P} = 4 \frac{dT}{T} \Rightarrow$$

$$\boxed{P = (\text{const}) T^4} \quad \textcircled{5}$$

{ valid for any
relativistic species }

where const. depends on spin & statistics.

Entropy conservation:

$$S = \left[\nu \left(\frac{P+P}{T} \right) \right] = \left[\nu \frac{\frac{4}{3}P}{T} \right] \propto (a^3 T^3) = \text{const}$$

$\Rightarrow T \propto \frac{1}{a}$ for all relativistic species:
not just photons.

Equilibrium Conditions

(1) Thermal history decided by determining which particles are in TE at given $T(t)$, and which are not.

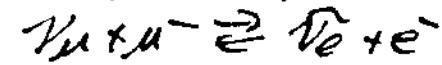
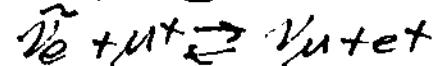
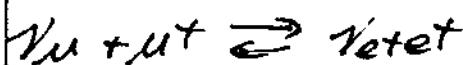
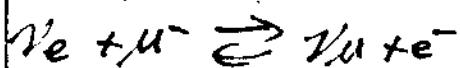
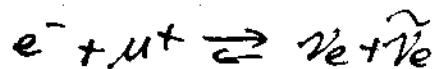
(2) At given T only those particles with $kT \gg m_ec^2$ can be in TE, since pair creation is essential for maintaining TE (detailed balancing). γ_P, n equilibrium is an exception

Example: $kT < m_ec^2$ where $T_F \equiv \frac{m_ec^2}{k} = 1.5 \times 10^{12} K$
 $\pi, \bar{\pi}$ pairs are gone. Only $\mu^\pm, e^\pm, \bar{\nu}_e, \nu, \gamma$ (plus small n, p component) are present

Thermalization Process

- (i) pair production and annihilation
- (ii) Compton scattering $\overset{\text{of } e^{\pm}}{\text{coupling}}$ chg. particles to γ 's.
- (iii) μ 's are crucial for coupling ν 's to matter; i.e., thermalizing ν 's

How are ν 's thermalized? $e^+ + \bar{e} \rightarrow \nu + \bar{\nu}$



Clearly muons are crucial for thermalizing ν 's

To evaluate fate of ν 's, etc we need momentum space distributions!

$$\text{number } n_i(p) dp = g \times \frac{4\pi p^2 dp}{\omega} \times \left(\exp \frac{(pc)^2 + m^2 c^4}{kT_B} \right)^{-1}$$

Fermions
Bosons

$g = \text{no. spin states}$

From eq. (3)

$$\rho_i = \int_0^\infty \sqrt{(pc)^2 + m^2 c^4} n_i(p) dp$$

$$\bar{P}_i = \int \frac{c^2 p^2}{3\sqrt{(pc)^2 + m^2 c^4}} n_i(p) dp$$

$$\text{Relativistic limit: } \rho_i = g \int_0^\infty \frac{4\pi p^3 c}{\omega^3} \left(\exp \left(\frac{pc}{kT_B} \right) \pm 1 \right)^{-1}$$

$$\text{for } pc > m^2 c^2$$

$$\rho_i = \begin{cases} g \alpha_B T^{1/2} & \text{Bosons} \\ g \gamma \alpha_B T^{4/3} & \text{Fermions} \end{cases}$$

Fate of Neutrinos:

- weak interactions cross-section $(e^-, \nu), (\mu, \nu)$

$$\sigma_{\text{weak}} \propto T^2, \text{ density } n \propto \frac{1}{a^3} \propto T^3$$

$$t_{\text{interact}} = \frac{1}{n \sigma_{\text{weak}} c} \propto \frac{1}{T^5} : kT \gg n c$$

Since $t \propto \frac{1}{T^2}$ we find that

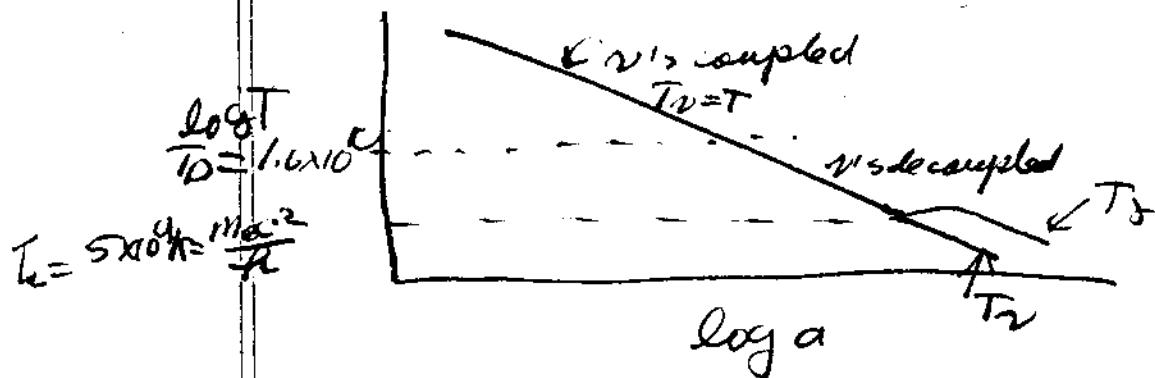
$$\frac{t}{t_{\text{infrared}}} = \left(\frac{T}{1.6 \times 10^{10}} \right)^{-3} \quad \begin{matrix} \text{vv} \leftrightarrow \bar{e}\bar{e} \\ v e \leftrightarrow \bar{v}\bar{e} \end{matrix}$$

Thus

- (A) $T > 1.6 \times 10^{10}$: γ 's remain in equilibrium,
 $T_\gamma = T \propto \frac{1}{a}$: $t_{\text{infrared}} \ll t$

- (B) $T < T_D = 1.6 \times 10^{10}$; $t_{\text{infrared}} > t$.

γ 's decouple. But distributions frozen in, and just as in case of collisionless photons $T_\gamma \propto \frac{1}{a}$ even though γ 's not in thermal contact.



- (C) Now T decreases to ~~mec^2~~ mec^2
 $e\bar{e} \rightarrow \gamma\gamma$, But $\gamma\gamma \rightarrow e\bar{e}$ is severely suppressed.

Before:

$T > T_e$: species in equilibrium:

$$\begin{aligned} \text{Entropy: } S_e &= \frac{a^3}{T} (\beta + P) = \frac{a^3}{T} [\beta_e + \beta_{e^+} + \beta_\gamma + P_{e^-} + P_{e^+} + P_\gamma] \\ &= \frac{4}{3} \frac{a^3}{T} (\rho_e + \rho_{e^+} + \rho_\gamma) \\ &= \frac{4}{3} \frac{a^3}{T} \left(2 \left(\frac{1}{16} \right) + 2 \left(\frac{1}{16} \right) \right) \frac{2 \times \frac{1}{2}}{\frac{1}{2}} a_B T^{-4} \end{aligned}$$

$$\text{Therefore } S_- = \frac{4}{3} \frac{a^3}{T_-} \left[1 + 2 \times \frac{7}{8} \right] h = \frac{4}{3} a^3 \left(\frac{11}{4} \right) a_B T_-^4$$

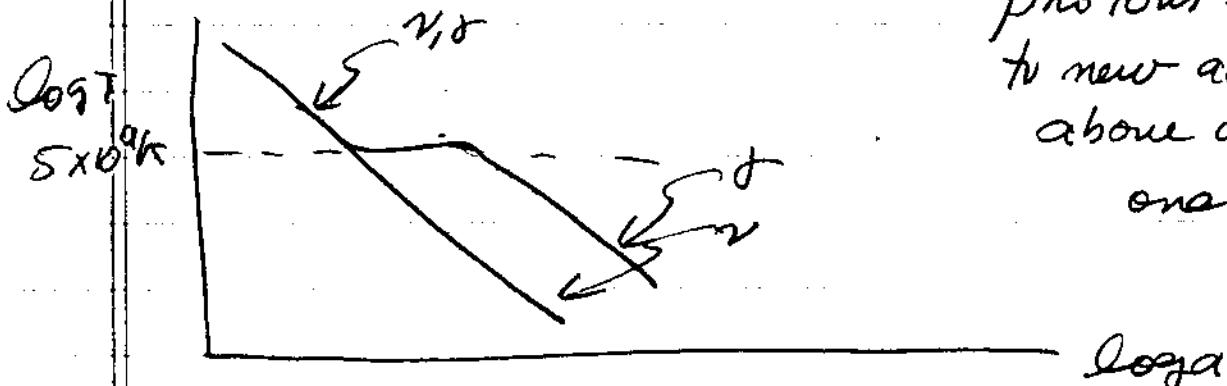
After

$$S_+ = \frac{a^3}{T_+} (P_\gamma + P_\sigma) = \frac{4}{3} \frac{a^3}{T_+} \left(\frac{N}{2} \right) a_B T_+^4 = \frac{4}{3} a^3 (1) a_B T_+^4$$

Since $S_+ = S_-$ (entropy conserved)

$$(T_+ a)^3 = \frac{11}{4} (T_- a)^3$$

$$T_+ = \left(\frac{11}{4} \right)^{1/3} T_-$$



photons jump
to new adiabat
above original
one!

Comments

(1) Neutrinos not heated by e^\pm annihilation

~~Heating~~

$$\text{Neutrinos} \quad T_\nu = (aT)_- / a$$

(2) But photons are heated and

$$T_\gamma = (aT)_+ / a \quad \text{at } T < 5 \times 10^9 K$$

where $(aT)_+ = (aT_-) (11/4)^{1/3}$

(3) at lower temperatures

$$\frac{T_\gamma(a)}{T_\nu(a)} = \frac{(aT)_+ / a}{(aT)_- / a} = \left(\frac{(aT)_+}{(aT)_-} \right) = \left(\frac{11}{4} \right)^{1/3}$$

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$$\text{Today: } T_2(10) = T_8(10) \left(\frac{4}{11}\right)^{1/3} = 0.714 \times T_8(10)$$

Nuetrino background $T_2(10) = 145\text{K}$

Number Densities

$$n_\nu = \frac{3S(3)}{2\pi^2} \left(\frac{k_B T_\nu}{\hbar c}\right)^3 ; n_\gamma = \frac{2S(3)}{\pi^2} \left(\frac{k_B T_\gamma}{\hbar c}\right)^3$$

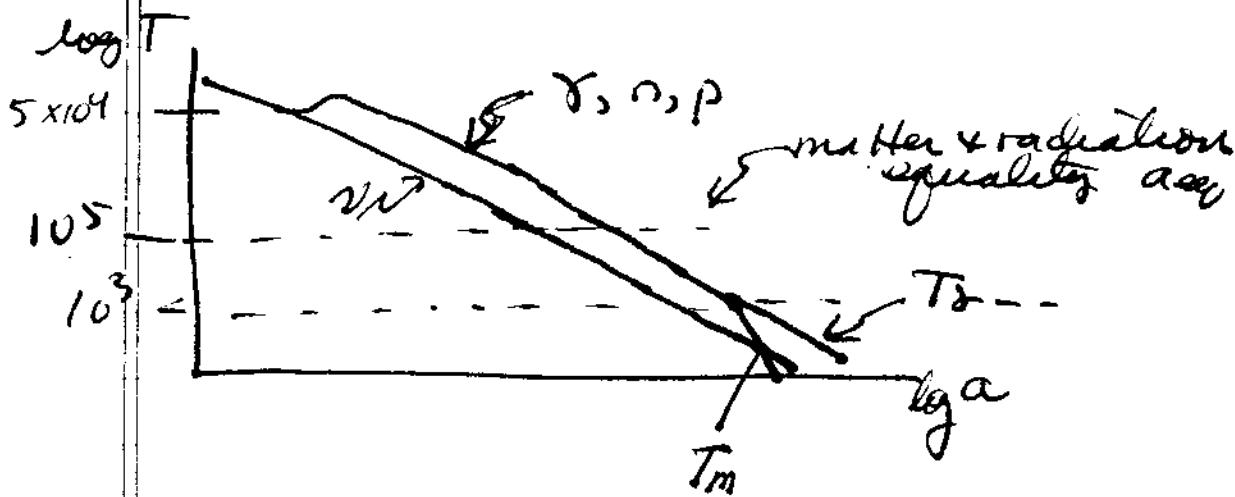
Therefore: $\frac{n_\nu}{n_\gamma} = \frac{(3/2)}{2} \left(\frac{T_\nu}{T_\gamma}\right)^3 = \frac{3}{4} \times \frac{4}{11} = \frac{3}{11}$

$$n_\gamma = \cancel{4.10} \times 10^{-4} (1+z)^3$$

$$n_\nu = 113 (1+z)^3 \text{ for each } \nu \text{ family}$$

$$(n_\nu)_T = 3 n_\nu = 339 (1+z)^3$$

Further Results



Recall $1+z_{eq} = 3.9 \times 10^4$ or $T \approx 1 \times 10^5 \text{ K}$
 At $a > a_{eq}$, matter still coupled to
 radiation by e^- scattering of photons

Recombination Epoch

As T decreases further neutral fraction of the gas starts to increase. Let's see why.

Crucial reaction: (atomic) $e^- + i\gamma^+ \rightleftharpoons H^0 + \delta$

In TE. no. of particles in a box with volume V is given by

$$\frac{N_p N_e}{N_{H^0}} = \frac{Z_p Z_e}{Z_{H^0}}$$

where Z is the partition function

In TE Z 's are maximum no. of occupancy of available energy states.

$$Z = Z_{\text{translation}} \times Z_{\text{internal}}$$

(a) Free particles (no bound states)

$$Z_e = g_s \iint \frac{d^3x d^3p}{h^3} \exp\left(-\frac{p^2}{2m_e k_B T}\right) = \frac{2V (2\pi m_e k_B T)^{3/2}}{h^3}$$

$$Z_p = g_p \iint \frac{d^3x d^3p}{h^3} \exp\left(-\frac{p^2}{2m_p k_B T}\right) = \frac{2V (2\pi m_p k_B T)^{3/2}}{h^3}$$

(b) Particles with bound states (H^0)

$$Z_{H^0} = \frac{2V (2\pi m_p k_B T)^{3/2}}{h^3} \times \sum_{n=1}^{\infty} g_n e^{-E_n/k_B T}$$

Dominant term in sum is ground state

$$g_1 = 2, E_1 = -\chi_H = -13.6 \text{ eV}$$

$$\therefore Z_{H^0} = Z_p \cdot 2 e^{+\frac{\chi_H}{k_B T}}$$

Back to Saha equation

First Let $N_e = N_p$

$$\therefore \frac{N_e^2}{N_{H^0}} = \frac{Z_p \cdot Z_e}{Z_p \cdot 2e + \frac{\chi_H}{k_B T}} = \frac{Z_e}{2} \exp\left(-\frac{\chi_H}{k_B T}\right)$$

As a result. $\frac{N_e^2}{N_{H^0}} = \frac{4\pi (2\pi m e k_B T)^{3/2} e^{-\frac{\chi_H}{k_B T}}}{2 R^3}$

But $N_e = n_e V$, $N_{H^0} = n_{H^0} V$

Thus $\frac{N_e^2}{N_{H^0}} = \frac{n_e^2 V^2}{n_{H^0} V} = \frac{n_e^2}{n_{H^0}} V$

Consequently: $\frac{n_e^2}{n_{H^0}} V = V \left(\frac{2\pi m e k_B T}{R^3} \right)^{3/2} \exp\left(-\frac{\chi_H}{k_B T}\right)$

Define electron fraction: $x = n_e/n$; $1-x = n_{H^0}/n$

In that case $\frac{n_e^2}{n_{H^0}} = \frac{x^2 n^2}{(1-x)n} = \frac{x^2}{1-x} n$

Combine with previous equation.

$$\frac{x^2}{1-x} = \frac{(2\pi m e k_B T)^{3/2}}{n R^3} \exp\left(-\frac{\chi_H}{k_B T}\right)$$

Recall: ~~Baryon density~~ Baryon density $n_0^{(0)} = 1.1 \times 10^{-5} \Omega_b h^2$

$$n(z) = (1+z)^3 n_0^{(0)} = \left(\frac{T}{272}\right)^3 n_0^{(0)}$$

$$n(z) = 5.5 \times 10^{-7} \Omega_b h^2 \times T^3$$

$$\frac{x^2}{1-x} = \left[\frac{(2\pi m_e k_B)^{3/2}}{h^3} \right] \times \frac{1}{5.5 \times 10^7 2\pi R^2 T^{3/2}} \exp\left(\frac{-\chi_{it}}{k_B T}\right)$$

$$\frac{x^2}{1-x} = \frac{4.4 \times 10^{21}}{\left(\frac{2\pi k}{h^3} \times 0.02\right) T^{3/2}} \exp\left[-\frac{155,000}{T}\right]$$

$$\frac{x^2}{1-x} = \frac{2.2 \times 10^{23}}{\left(\frac{2\pi k}{h^3} \times 0.02\right) T^{3/2}} \exp\left[-\frac{155,000}{T}\right]$$

$\frac{x^2}{1-x}$	T	$\frac{x^2}{1-x}$	x
1000	2725		
1100	2998		
1200	3270		
1300	3543		
1400	3815		
1500	4088		